COVID-19 Protocols

FVHD

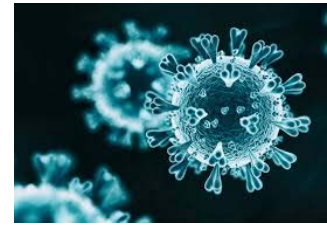## Daily Screening For Parents

Every morning before you send your child to school, please check for the following:

⚠️ Does your child have a temperature of 100.4 degrees or greater?

⚠️ Does your child have any other symptoms of COVID 19? *See the below list.*

| Feeling Feverish Chills | Cough Shortness of Breath Difficulty Breathing | New Loss of Taste and/or Smell | Congestion Runny Nose | Sore Throat | Fatigue Headache | Nausea Vomiting Diarrhea | Muscle Pain | Keep Child Home |

⚠️ Was your unvaccinated child in close contact* with anyone confirmed with COVID-19 within the last 2 weeks?

❌ If the answer is **YES** to **ANY** of these questions, **DO NOT** send your child to school. Instead, **begin quarantine** of your child and contact your healthcare provider. Strongly consider COVID-19 testing.

🛑 If ANYONE in your home has been tested for COVID-19 (excluding routine testing) or is symptomatic, **DO NOT** send your unvaccinated child to school until the results have been obtained.

⚠️ If your unvaccinated child has traveled, please consult with the school nurse for additional guidance. CDC Travel Guidelines advise that individuals who have traveled should quarantine for 7 days with a test on day 5.

If your child is fully vaccinated (2 weeks after the second dose of the Pfizer vaccine), they may attend school after contact with a COVID-19 positive person or while someone within their home is awaiting a result of a COVID-19 test, as long as the vaccinated individual does not have any COVID-19 symptoms.

However, we STRONGLY urge adherence to the following CDC recommendations:
- Receive a COVID-19 test (PCR preferred) within **3 to 5 days** after last contact
- **Always remain masked in public** for at least 14 days from last contact
- Monitor for symptoms and re-test immediately if symptoms develop - stay home while awaiting results

*Close Contact Definitions:

1) **In the classroom:** masked **students** seated within **3 feet** for **15 or more cumulative minutes** over 24 hours masks irrelevant, only applies to students (staff are 6 feet)
2) **Outside of the classroom:** within **6 feet** for **15 or more cumulative minutes** over 24 hours - masks irrelevant

For more information, visit the Farmington Valley Health District website: www.fvhd.org

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FARMINGTON VALLEY HEALTH DISTRICT

Farmington Valley Health District COVID-19 Decision Tree

Updated 8-19-2021

If there has been a **known exposure** but **no symptoms**

Unvaccinated

QUARANTINE

Without a Test:

Quarantine for **10 days**

Test Out Option:
(Does not apply to daycare)

Seek testing (PCR preferred) **5 days** after last known exposure, or **sooner if symptoms** begin

If negative and no symptoms, **may end quarantine after day 7**

Vaccinated

2 weeks after final shot in series (not includi

Do **not** have to quarantine **as long as no symptoms**

Recommend testing (PCR preferred) **3-5 days** after last exposure

Remain masked in public at all times for at least 14 days from exposure

Monitor for symptoms and re-test immediately if symptoms develop

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In the event of **one or more symptoms:** GET TESTED IMMEDIATELY

What is considered a symptom?

- Feeling run down/tired
- Allergy symptoms, including congestion, runny nose, or sore throat
- Fever
- Cough
- Nausea or vomiting
- Diarrhea
- Muscle/Body aches
- Headache
- Shortness of breath or difficulty breathing

A **Rapid** test will return results in under 1 hour

A **PCR** test will return results in 2-3 days

Positive: Isolate x10 days

Negative: Seek PCR

While results are pending...

Unvaccinated

Quarantine until PCR results are available

Positive: Isolate x10 days from symptom onset

Negative: May return to work/school/daycare/camp

Vaccinated

Are you "high risk" for infection?

1. Have you travelled out of state in the past 2 weeks?
2. Have you gathered in a group with potentially unvaccinated individuals?
3. Have you had close contact with a known positive case?

Yes, you qualify as high risk

No, you are not at high risk

You do not have to quarantine while you await PCR test results but proceed with caution (masking, etc)

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